



March 2020

184 S. Lime Street Quarryville PA, 17566

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Staff:

Michelle Reeves, Director

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 8:30 Coffee and News 9:00 Brain Teasers 9:30 Yoga 10:30 Nutrition facts</p>	<p>3 8:30 Coffee and News 9:00 Brain Teasers 9:30 Geri Fit 10:30 Griswold Aging in Places</p>	<p>4 8:30 Coffee and News 9:00 Brain Teasers 9:30 Bible Study 10:30 Sing along</p>	<p>5 8:30 Coffee and News 9:00 Brain Teasers 9:30 Geri Fit 10:30 Self Defense</p>	<p>6 8:30 Coffee and News 9:00 Brain Teasers 9:30 Blood Pressure Check Exercise with Sonya 10:30 Knitting Club /Social</p>
<p>9 8:30 Coffee and News 9:00 Brain Teasers 9:30 Yoga 10:30 Barb and Les</p>	<p>10 8:30 Coffee and News 9:00 Brain Teasers 9:30 Geri-Fit 10:30 Allwell Insurance - Jeopardy Puzzles, Cards, Wii</p>	<p>11 8:30 Coffee and News 9:00 Brain Teasers 9:30 Bible Study 10:30 Social club/sing along Puzzles, Cards, Wii Town Meeting</p>	<p>12 8:30 Coffee and News 9:00 Brain Teasers 9:30 Geri-Fit 10:30 Jack French –Hearing Aid-Yesterday, Today and Tomorrow</p>	<p>13 8:30 Coffee and News 9:00 Brain Teasers 9:30 Exercise with Sonya 10:30 Bingo Knitting Club Puzzles, Cards, Wii</p>
<p>16 8:30 Yoga 9:30 WISE Program WI Bowling /Social Club</p>	<p>17 9:30 Geri-Fit Lunch Out</p>	<p>18 8:30 Coffee and News 9:00 Brain Teasers 9:30 Bible Study 10:30 Bob Reigh Puzzles, Cards, Wii</p>	<p>19 8:30 Coffee and News 9:00 Brain Teasers 9:30 Geri-Fit 10:30 Nick Viscuso Puzzles, Cards, Wii</p>	<p>20 8:30 Coffee and News 9:00 Brain Teasers 9:30 Exercise with Sonya 10:30 Birthday Celebration Spring Craft and Knitting Club</p>
<p>23 8:30 Coffee and News 9:00 Brain Teasers 9:30 Yoga 10:30 Barb and Les Puzzles, Cards, Wii</p>	<p>24 8:30 Walk W/Ease 9:30 Geri-Fit 10:30 Snacko Puzzles, Cards, Wii</p>	<p>25 8:30 Coffee and News 9:00 Brain Teasers 9:30 Bible Study 10:30 Music by MCGarth Puzzles, Cards, Wii</p>	<p>26 8:30 Walk w/ Ease 9:30 Geri-Fit 10:30 Canvas Painting w/Nancy</p>	<p>27 8:30 Walk w/Ease 9:00 Brain Teasers 9:30 Exercise with Sonya 10:30 Sing along w/Patsy Puzzles, Cards, Wii</p>
<p>30 8:30 Yoga 9:00 Brain Teasers 9:30 WISE Program WII and Social Club</p>	<p>31 8:30 Walk w/Ease 9:00 Brain Teasers 9:30 Geri-Fit 10:30 Jerry Mitchell</p>		<p>Red Rose Transportation Available Red Rose: 717-291-1243-</p>	<p>Center Service Projects <i>Casey's Cuddly Caps</i> <i>Lap Blankets for Hospice</i></p>

