



MARCH



Lancaster County

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>2</p> <p>Bratwurst 1/2c. Scalloped Potatoes 1/2c. Wax Beans Hot Dog Roll Mustard Pkt 1/2c. Pears</p> 	<p>3</p> <p>Baked Ham w/ Fruit Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Green Beans White Bread Fresh Fruit</p>	<p>4</p> <p>Meatloaf 1/2c. Mashed Potatoes 1/2c. Mixed Vegetables Wheat Bread 1/2c. Cinnamon Applesauce</p>	<p>5</p> <p>Greek Chicken Salad Diced Chicken, Blk Olives, Red Onion, Tomato, & Mozzarella Cheese 1c. Mixed Greens w/dressing 1c. Wedding Soup w/crackers Dinner Roll 1/2c. Mandarin Oranges</p>	<p>6</p> <p>Tuna Salad Sandwich w/Lettuce & Tomato 1/2c. Potato Salad 1/2c. Marinated Beans 2 Wheat Bread Fresh Fruit</p> 
<p>9</p> <p>BBQ Pulled Pork 1/2c. Seasoned Potatoes 1/2c. Coleslaw White Bread 1/2c. Warm Apples</p>	<p>10</p> <p>Baked Ziti(3/4c.) w/Meatballs (3) Marinara Sauce &.5 oz Cheese Topping 1 c. Tossed Salad w/cucumber & drs Garlic Breadstick 1/2c. Mixed Fruit Salad</p> 	<p>March Birthdays Chicken Caesar Club w/lettuce, tomato, cheese & condiments 1c. Creamy Broccoli Soup w/crackers Sandwich Roll 1/2c. Blushed Pears Birthday Cake</p>	<p>12</p> <p>Salisbury Steak w/2 oz Onion Gravy 1/2c. Whipped Potatoes 1/2c. Diced Carrots Wheat Bread 1/2c. Pineapple Delight</p>	<p>13</p> <p>Seafood Mac & Cheese 1c. 1/2c. Stewed Tomatoes WG Dinner Roll Fresh Fruit</p>
<p>16</p> <p>Sweet & Sour Roasted Pork 1/2c. Blended Rice Pilaf 1/2c. Peas & Carrots WG Dinner Roll 1/2c. Mixed Fruit</p> 	<p>St Patrick's Day Special Corned Beef & Cabbage 3/4c. 1/2c. Mashed Potatoes 1/2c. Green Beans Dinner Roll 1/2c. Pistachio Pudding</p>	<p>18</p> <p>Chicken & Biscuit- 1c. 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Peaches</p> 	<p>19</p> <p>Baked Meatloaf Marinara 1/2c. Au Gratin Potatoes 1/2c. Corn Wheat Bread 1/2c. Sliced Pears</p>	<p>20</p> <p>Vegetable Lasagna Topped w/Vegetable Cream Sauce 1c. Tossed Salad w/HB Egg, cucumber, & dressing Breadstick 1/2c. Pineapple</p>
<p>23</p> <p>Lemon Pepper Chicken w/gravy 1/2c Vegetable Rice Pilaf 1/2c. Green Beans Wheat Bread Fresh Fruit</p> 	<p>24</p> <p>Roasted Turkey w/2 oz Gravy 1/2c. Whipped Sweet Potatoes 1/2c. Lima Beans White Bread 1/2c. Sliced Apples</p>	<p>25</p> <p>Chicken Taco w/sour cream & lettuce 1/2c. Seasoned Corn & Blackbeans 1/2c. Seasoned Rice Soft Tortilla Shell Fresh Fruit</p>	<p>26</p> <p>Baked Porcupine Ball w/2 oz tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Carrots Cinnamon Raisin Bread Pudding</p>	<p>27</p> <p>Breaded Fish Sandwich W/cheese & lettuce 1c. Homemade Vegetable Soup w/crackers WG Sandwich Roll 1/2c. Mixed Fruit</p>
<p>30</p> <p>Pot Roast w/1 oz Gravy 1/2c. Parsley Potatoes 1/2c. Sliced Carrots Italian Bread Cookie</p>	<p>31</p> <p>Swedish Meatballs (4) over 1/2c. Noodles 1/2c. Peas Wheat Bread 1/2c. Mixed Fruit Salad</p>	 <p>The Nutrition Group</p>		<p>*Menu Subject to Change*</p>